

The first four weeks matter.



One out of three people will develop chronic pain from a car accident if not identified and treated effectively within the first four weeks. At Therapy Works Physical Therapy we evaluate your symptoms and design a research based program to help get you better.

Our therapists will educate you on proper movement, help you understand your injury and develop a personalized program for strengthening and healing. We have the experience to address your symptoms early on.

Let's make those first four weeks count.

Research based painfree exercises in a private gym.

Education in pain, self care and movement.

*Addressing related symptoms such as headaches,
numbness, arm and leg pain.*

On Site Massage.

Pool Therapy.



We get you. Better.

Meg Navish, PT | Owner

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